



Sutherland-Forest Grove Community Association Newsletter

Box 32003 Erindale Postal Outlet S7S 1N8

2026 Executive

<u>President</u> Megan Dyck president@sutherlandforestgrove.ca
<u>Vice President</u> VACANT vicepresident@sutherlandforestgrove.ca
<u>Secretary/Memberships</u> Amber Wood secretary@sutherlandforestgrove.ca
<u>Treasurer</u> Anja Vanovic treasurer@sutherlandforestgrove.ca
<u>Communications</u> Lili Rodriguez contact@sutherlandforestgrove.ca
<u>Webmaster</u> Stephan Simon web@sutherlandforestgrove.ca
<u>Special Events</u> VACANT events@sutherlandforestgrove.ca
<u>Indoor Coordinator</u> Raelene Petracek indoor@sutherlandforestgrove.ca
<u>Basketball</u> Amir Zehtab-Jadid amir.zehtab@gmail.com
<u>Outdoor Soccer Coordinator</u> VACANT soccer@sutherlandforestgrove.ca
<u>Rink Coordinator</u> VACANT rink@sutherlandforestgrove.ca
<u>Community Liaison</u> Stephan Simon web@sutherlandforestgrove.ca
<u>Inventory</u> Bonita Rogalski inventory@sutherlandforestgrove.ca
<u>Member at Large</u> VACANT

Online Registration Dates:
Sept 1st @ 8am to Sept 7th @ 8pm

See Page 2 for Registration Information
www.sutherlandforestgrove.ca

President's Message

Hello Sutherland-Forest Grove neighbours,

I hope everyone has had an amazing summer and found time to relax, make memories, and enjoy our beautiful community. As summer winds down, we're excited to kick off another fantastic fall season filled with programs, events, and activities for all ages. Whether you're looking to get active, meet new people, or try something new, there's something for everyone, be sure to check out everything we have planned in this newsletter!

This fall also marks an exciting new chapter for our Community Association as we launch new fundraising initiatives that will help us continue investing in our neighbourhood and recreation facilities.

One opportunity we're especially excited about is our puckboard sponsorship program at the brand-new Bishop Filevich rink. It's a great way for local businesses to showcase their brand while supporting a space that brings families, kids, and neighbours together all winter long.

We're also introducing a limited number of newsletter advertising opportunities. With our newsletter reaching thousands of households throughout Sutherland and Forest Grove, it's an excellent way to connect with local residents while supporting the programs and amenities that make our community such a great place to live.

If you're a local business, or know someone who is, we'd love to partner with you. Your support helps us continue providing quality programs, maintaining our facilities, and creating opportunities that benefit everyone in our community.

To learn more about puckboard sponsorships or newsletter advertising, please contact us at president@sutherlandforestgrove.ca.

Thank you to our incredible volunteers, sponsors, participants, and community members. Your support, enthusiasm, and generosity make everything we do possible. We're looking forward to another exciting season and can't wait to see you out in the community this fall!

Megan Dyck
President,
Sutherland Forest Grove Community Association



INDOOR PROGRAMS

**** Indicates a joint program with the Silverspring, Evergreen, Erindale/Arbor Creek, Willowgrove/University Heights Community Associations. The following is a list of programs offered by the Sutherland-Forest Grove Community Association for the winter session. If you have any questions, please contact the Indoor Coordinator listed on the front of this newsletter.**

Registration Info

Registration is taken on a first-come, first-served basis. Several programs have limited enrollment.

Refunds will be granted if the SFG Community Association cancels a program/activity or if the participant provides a physician's certificate stating that he/she is unable to participate due to medical reasons. All requests for refunds must be submitted in writing to the SFG Community Association Executive. Refunds will be limited to the cost of the program itself.

The SFG Community Association reserves the right to cancel any program that does not receive sufficient enrollment or have an instructor by registration night.

Classes may be subject to cancellation as the schools have first priority on their gyms and facilities. Rescheduling may not be an option at that time.

2026-2027 SFG memberships will be available on the website as well, and a current membership with a Community Association in Saskatoon is required to participate in programming.

Indoor Program Registration:

Registration dates: Sept 1st @ 8am to Sept 7th @ 8pm

Two ways to access the Communibee Registration site:

1. SFG website: sutherlandforestgrove.ca
2. Direct link to Communibee: <https://sutherlandforestgrove.communibee.ca/memberships1>

Cost as a Barrier

Your SFG Community Association is sensitive to the needs of families facing financial hardships and may partially, or fully, fund participation fees in various activities. Subsidization is only to cover the cost of the program and will not include membership to the Community Association. Subsidization is limited to those who reside within our community boundaries. For information, please contact the Indoor Coordinator or President when registering.

Please Note:

Program listings are subject to change. Please watch the website and Facebook page for updates.



The Sutherland-Forest Grove newsletter is printed by Globe Printers, a printing company located in your community at 217 Jessop Avenue. See what they have to offer you at www.globesask.com. Contact Wendy Morin at (306) 229-3461 or wendy@globesask.com

PROGRAM Guide

Alice Turner Library / 110 Nelson Rd
saskatoonlibrary.ca

Check out what's happening at your library!

Program Guide

Details on fun programs and events for all ages and ability levels.

Your Next Great Read

Tell us your likes (and dislikes) and we'll provide recommendations.

Digital Library

Enjoy free access to eBooks, eAudiobooks, movies, music and more.

1000 Books Before Kindergarten

Register and help your little one develop early literacy skills by reading with them.

Discovery Passes

Borrow a pass and enjoy free admission to great places around Saskatoon.



ALL PROGRAMS ARE
FREE



INDOOR PROGRAMS continued...

Note: We are still working on programming and are hoping to add some programs (and some may change).

PRESCHOOL, CHILDREN & YOUTH

BLAST BALL \$25.00

Bishop Filevich School on Thursday
3 to 4 years: 6:00 - 6:30 pm
4 to 5 years: 6:30 - 7:00 pm
Begins Sept 24

FLOOR HOCKEY \$30.00

6 to 12 years
Thursdays from 6:30-7:30 at St Volodymyr School
Begins Sept 24

HOME ALONE \$50.00

10+ years (must be 10 by Oct 30)
Tuesday from 6:00 pm - 8:30 pm at Forest Grove School Library
Begins Sept 22

KINDERBASKETBALL \$30.00

4 to 5 years
Tuesdays from 6:00 - 6:45 pm at St Volodymyr School
Begins Sept 22

KINDERSIZE - PARENT AND TOT \$25.00

2 to 3 years
Mondays from 6:00 - 6:30 pm at St. Volodymyr School
Begins Sept 21

KINDERSIZE - II \$25.00

3.5 to 5 years
Mondays from 6:30 - 7:00 pm at St. Volodymyr School
Begins Sept 21

KINDERSOCCER \$30.00

3 to 4 years
Wednesdays from 6:00 - 6:45 pm at Forst Grove School Sm gym
Begins Sept 23

KIDS COOKING \$50.00

7 to 9 years
Wednesdays from 6:00 - 7:15 pm at St. Volodymyr School
Begins Sept 22

KIDS COOKING II \$60.00

9 to 12 years
Tuesdays from 6:00-8:00 pm at St.Volodymyr School
Begins Sept 22

Dance

BALLET \$35.00

3 to 4 years
Day and time TBA

BALLET/JAZZ \$35.00

5 to 7 years
Day and time TBA

ADULT & YOUNG ADULT

18+ unless otherwise noted

FITNESS & EXERCISE

ROCK Your WORKOUT! (AEROBICS and more) with Darcie (16 yrs+)

Fall only- 1 day/wk: \$40, 2 days/wk: \$65
Fall/Winter -1 day - \$65
Fall/Winter-2 days - \$140
Held at St. Volodymyr School.
Mondays and/or Wednesdays from 7:15 - 8:15 pm
Begins Sept 21

ZUMBA with Lina \$50.00

Days and times TBA

YOGA (18 yrs+)

BEGINNER YOGA with Kveta \$50.00

Tuesdays from 7:00 - 8:00 pm at JG Egnatoff School-Sm Gym
Thursdays from 6:30 - 7:30 pm at JG Egnatoff School-Sm Gym
Begins TBA

FLOW YOGA with Kveta \$50.00

Wednesdays from 7:00 - 8:00 pm at Forest Grove School Sm Gym
Begins TBA

SPORTS & RECREATION (18yrs+)

CO-ED VOLLEYBALL see cost below

Tuesday and Thursday at St Volodymyr School
\$25 Fall or \$45 Fall/Winter
Wednesdays at Father Robinson School \$25 Fall only
Tuesdays and Thursdays at St V. from 7:30 - 9:30 pm begin Sept 22 and 17
Wednesdays at Father Robinson from 8:00-10:00 begins TBA

CO-ED BADMINTON \$25.00

Monday from 8:30-10:00 pm at St Volodymyr School
Begins Sept 14

CO-ED BASKETBALL \$25.00

Mondays from 8:30 - 10:00 pm at St Nicholas School
Begins TBA

NEW Line Dancing (Beginner) \$40.00

Perfect for those who have never danced or have danced a little
Thursdays from 6:00 - 7:00 pm at Forest Grove School-Sm Gym
Begins Sept 24

PICKLEBALL \$25.00

Wednesdays 8:00-10:00 at Egnatoff School begins TBA
Fridays (REC) 7:30 9:30 at St Volodymyr School
Begins Sept 18





NEW FUNDRAISING INITIATIVES

RINK PUCKBOARD SPONSORSHIP

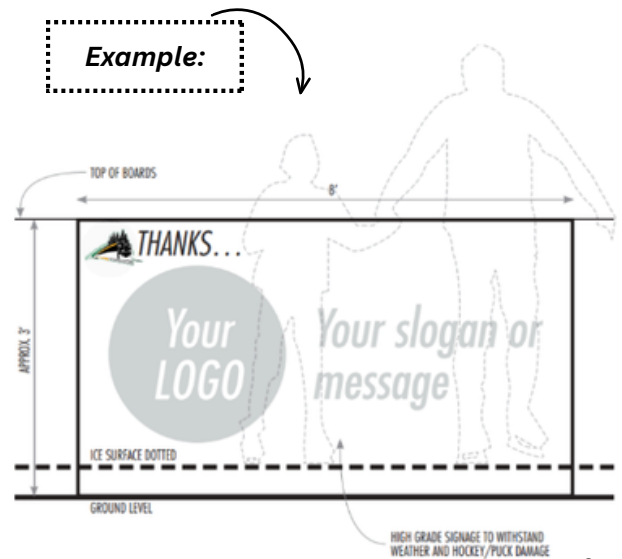
Did you know SFG is one of the only community associations in the city with not 1, not 2, but 3 RINKS!?



In 2025, the Sutherland Forest Grove Community Association proudly funded the rebuild of the Bishop Filevich outdoor rink, investing more than \$25,000 to create a safe, high-quality space for our community. We are thrilled to share that the rink is now fully operational and enjoyed by residents of all ages.

As we celebrate this milestone, our work isn't done. Our Forest Grove and Sutherland outdoor rinks continue to require ongoing maintenance and upgrades to keep them in great condition for years to come.

To help support these efforts, we are **excited to introduce Puck Board Sponsorships!** This is a unique opportunity for local businesses and community members to support outdoor recreation while showcasing their name or business on the boards of our newly rebuilt Bishop Filevich rink. Your sponsorship will help ensure our rinks remain vibrant, welcoming spaces for families, skaters, and hockey players throughout the winter season.



NEWSLETTER AD

We are launching new new ad spots! This could be you!



We're excited to introduce a limited number of advertising opportunities in the Sutherland Forest Grove Community Association newsletter!

With only 6-8 ad placements available per issue, this is an excellent opportunity for local businesses to connect with nearly 12,000 residents in the Sutherland and Forest Grove communities. Cost: \$100 per ad placement.

Whether you're looking to increase brand awareness, promote a special offer, or support your local community, our newsletter is a great way to reach your target audience while helping fund community initiatives. We welcome local businesses of all sizes and would love to partner with you!

CONTACT
PRESIDENT FOR
AD/SPONSORSHIP
INQUIRIES!

EXAMPLE AD