

Sutherland-Forest Grove Community Association Newsletter

Box 32003 Erindale Postal Outlet S7S 1N8



Online Registration Dates:
January 2nd @ 8am to January 7th @ 8pm

See Page 2 For Registration Information

www.sutherlandforestgrove.ca

2025 Executive

President's Message

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Member at Large
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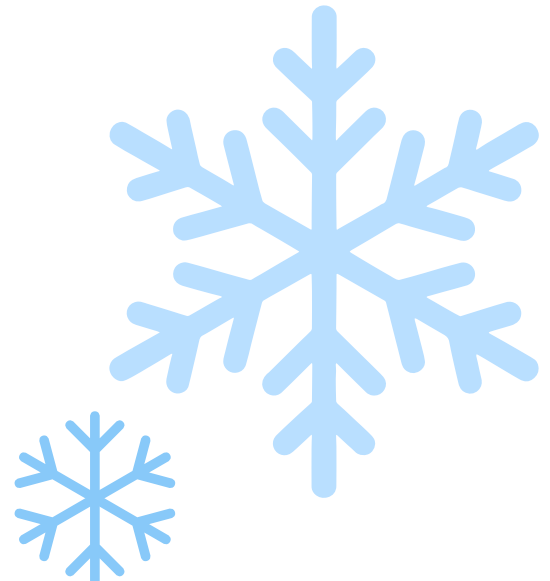
Hello Sutherland Forest Grove Residents!

I hope everyone had a safe and blessed holiday season! Our community association is looking forward to a great and fun-filled 2025!

This fall we undertook a big investment and enhancement for the community. We are happy to share that Bishop Filevich rink has been completely rebuilt and will be fully operational this winter. We hope everyone gets the chance to check it out. We will be launching a fundraising initiative in the coming months to supplement the cost of this project. This will be a sponsorship/advertising opportunity at the rink - community members and business owners stay tuned! A big thank you to our Rink Coordinator Logan for all his efforts to get the job done! We couldn't have done it without you.

We have a full slate of programs for our members this winter! We have some new programs as well as the classic programs you all know and love. We are still looking for a few new volunteers to join our executive board. If you are interested, please give me a call, we'd love to have you!

Cheers,
Megan





Indoor Programs

** Indicates a joint program with the Silverspring, Evergreen, Erindale/Arbor Creek, Willowgrove/University Heights Community Associations. The following is a list of programs offered by the Sutherland-Forest Grove Community Association for the winter session. If you have any questions, please contact the Indoor Coordinator listed on the front of this newsletter.

Registration Info

Registration is taken on a first-come, first-served basis. Several programs have limited enrollment.

Refunds will be granted if the SFG Community Association cancels a program/activity or if the participant provides a physician's certificate stating that he/she is unable to participate due to medical reasons. All requests for refunds must be submitted in writing to the SFG Community Association Executive. Refunds will be limited to the cost of the program itself.

The SFG Community Association reserves the right to cancel any program that does not receive sufficient enrollment or have an instructor by registration night.

Classes may be subject to cancellation as the schools have first priority on their gyms and facilities. Rescheduling may not be an option at that time.

2024-2025 SFG memberships will be available on the website as well, and a current membership with a Community Association in Saskatoon is required to participate in programming.

Cost as a Barrier

Your SFG Community Association is sensitive to the needs of families facing financial hardships and may partially, or fully, fund participation fees in various activities. Subsidization is only to cover the cost of the program and will not include membership to the Community Association. Subsidization is limited to those who reside within our community boundaries. For information, please contact the Indoor Coordinator or President when registering.

Indoor Program Registration:

Registration dates - Jan 2nd-7th
Access the new Communibee through the SFG website using the drop down tabs (the old Communibee app used prior to Sept 2024 is no longer valid).

Find us at: sutherlandforestgrove.ca

Please Note:

Program listings are subject to change. Please watch the website and Facebook page for updates.

PRESCHOOL, CHILDREN, AND YOUTH

BABYSITTING \$60.00

11+ years old
Sat/Sun from 1:00 pm - 5:00 pm at
Sutherland Evangelical Church (104th St)
TBA

BLAST BALL \$25.00

Bishop Filevich School on Thursday
3 to 4 years old: 6:00 - 6:30 pm
4 to 5 years old: 6:30 - 7:00 pm
Begins Jan 16

CHILDREN'S ART \$50.00

6-12 years old
6:30 pm - 7:20 pm or
7:30 pm - 8:20 pm
Sylvia Fedoruk School Shared CA Room
Begins TBA

FLOOR HOCKEY \$30.00

6 to 12 years old
Thursdays from 6:30-7:30 at St Volodymyr School
Begins Jan 16

HOME ALONE \$40.00

10+ years old (must be 10 by Mar 15)
Monday from 6:00 pm - 8:30 pm at
Sylvia Fedoruk School Shared CA Room on TBA
or
Tuesday from 6:00 pm - 8:30 pm at
Forest Grove School Library on Jan 28
or
Wednesday from 6:00-8:30 at
J.G. Egnatoff School Library on Feb 12

***New* KINDERBASKETBALL \$30.00**

4 to 5 years
Tuesdays from 6:00 - 6:45 pm at St Volodymyr School
Begins Jan 14

KINDERSIZE - PARENT AND TOT \$25.00

2 to 3 years old
Mondays from 6:00 - 6:30 pm at St. Volodymyr School
Begins Jan 13

KINDERSIZE - II \$25.00

3.5 to 5 years old
Mondays from 6:30 - 7:00 pm at St. Volodymyr School
Begins Jan 13

KINDERSOCCER \$30.00

3 to 4 years
Wednesdays from 6:00 - 6:45 pm at Sutherland School
Begins Jan 15

KIDS COOKING \$50.00

7 to 9 years old
Tuesdays from 6:00 - 7:15 pm at St. Volodymyr School
Begins Jan 15

KIDS COOKING II \$60.00

9 to 12 years
Wednesdays from 6:00-8:00 pm at St.Volodymyr School
Begins Jan 15

YOGA (CHILDREN'S) \$45.00

8 to 12 years
Tuesdays from 6:15 - 7:00 pm at Sylvia Fedoruk School Multipurpose Rm
Begins TBA

Tae Kwon Do

We are hoping to add Tae Kwon Do classes back to the schedule.
Please watch the Facebook page for changes

BALLET \$35.00

3 to 4 years
Mondays from 6:30 - 7:00 pm at Sylvia Fedoruk School Multipurpose Rm
Begins TBA

BALLET/JAZZ \$35.00

8 to 12 years
Mondays from 7:05 - 7:55 pm at Sylvia Fedoruk School Multipurpose Rm
Begins TBA

CHILDREN'S JAZZ DANCE \$45.00

8 to 12 years
Tuesdays from 7:05 - 7:50 pm at Sylvia Fedoruk School Multipurpose Rm
Begins TBA

ADULT AND YOUNG ADULT

18+ unless otherwise noted

FITNESS & EXERCISE

AEROBICS/FITNESS with Darcie (16 yrs+)

1 day/wk: \$35, 2 days/wk: \$65
Held at St. Volodymyr School.
Mondays and/or Wed from 7:15 - 8:15 pm
Begins Jan 13

BUTTS and GUTS with Don \$50.00

Wednesdays from 6:00 – 7:00 pm at Forest Grove School Sm Gym
Begins Jan 15

ZUMBA with Lina \$50.00

Mondays 7:30 - 8:30 pm at JG Egnatoff School Sm Gym or
Tuesdays 6:00 - 7:00 pm at JG Egnatoff School Sm Gym
Begins Jan 13 and 14

YOGA (18 yrs+)

BEGINNER YOGA with Kveta \$50.00

Tuesdays from 7:00 - 8:00 pm at JG Egnatoff School-Sm Gym

Thursdays from 6:30 - 7:30 pm at JG Egnatoff School-Sm Gym
Begins Jan 14 and 16

FLOW YOGA with Kveta \$50.00

Wednesdays from 7:00 - 8:00 pm at Forest Grove School Sm Gym
Begins Jan 15

SPORTS & RECREATION (18yrs+)

CO-ED VOLLEYBALL \$25.00

Monday, Tuesday and Thursday at St Volodymyr School
Tuesday at Mother Teresa School
Wednesdays at Egnatoff School
Mondays at St V from 8:30-10:00 pm begins Jan 13
Tuesdays and Thursdays at St V. from 7:30 - 9:30 pm begin Jan 14 and 16
Tuesdays at Egnatoff from 7:00-9:00 begins Jan 14
Wednesdays at Egnat off 8:00-10:00 begins Jan 15

CO-ED BASKETBALL \$25.00

Mondays from 8:30 - 10:00 pm at St Nicholas School
Begins Jan TBA

MEN'S FLOOR HOCKEY \$25.00

Thursdays from 8:00 - 10:00 pm at Silverspring School
Begins Jan 09

PICKLEBALL - 25.00**

Mondays 7:00 - 9:00 at Mother Teresa School begins Jan 13
Wednesdays 8:30-10:00 at Father Robinson School begins Jan15

LEARN TO SKATE

Learn to Skate \$30.00**

Skating will be cancelled if windchill is below -25 C
Saturdays at Forest Grove School Rink

Begins January 11 and runs to March 22 or when the ice melts, whichever comes first.

LEARN TO SKATE—PARENT AND TOT**

(parents may wear boots or skates)
3 to 5 years old; 12:00 - 12:30 pm or 12:30 - 1:00 pm

LEARN to SKATE**

6 to 9 years old; 1:00 - 1:30 pm or 1:30 - 12:00 pm
10 yrs +years old; 11:30 - 12:00 pm

Participants must supply their own skates and helmet



The Sutherland-Forest Grove newsletter is printed by Globe Printers, a printing company located in your community at 217 Jessop Avenue. See what they have to offer you at www.globesask.com. Contact Wendy Morin at (306) 229-3461 or wendy@globesask.com

PROGRAM
Guide

Alice Turner Library / 110 Nelson Rd
saskatoonlibrary.ca

Check out what's happening at your library!

Program Guide
Details on fun programs and events for all ages and ability levels.

Your Next Great Read
Tell us your likes (and dislikes) and we'll provide recommendations.

Digital Library
Enjoy free access to eBooks, eAudiobooks, movies, music and more.

1000 Books Before Kindergarten
Register and help your little one develop early literacy skills by reading with them.

Discovery Passes
Borrow a pass and enjoy free admission to great places around Saskatoon.

SASKATOON PUBLIC LIBRARY

ALL PROGRAMS ARE FREE