



# Sutherland-Forest Grove Community Association Newsletter

AGM: September 21 at 7:30 via ZOOM  
(see meeting info and link on page 4)

Online Registration: Sept 1 to 9  
(see page 3)

[www.sutherlandforestgrove.ca](http://www.sutherlandforestgrove.ca)

September 2022

## President's Message

Well, it is that time of the year again when we start to get organized for all of our Fall activities. As always we have a great lineup of things to do but there will be changes and updates so please watch the Website and Facebook page.

I was talking to some people from another province about the Community Association they asked what is a Community Association? I didn't realize that what we have here isn't something that is everywhere. Even at that, different CA's in Saskatoon have different focuses depending on their area which also makes us special. As I write this, the weather is perfect, a couple of neighbours stopped by earlier while I was working in the front yard to chat and that too is another reason why I appreciate and love living here.

One of the other things I love about Saskatoon is our willingness to volunteer so I am hoping that work in SFG's favour. As you can see by the list at the left we are looking for people to fill some key Executive positions. Two of these are Soccer Coordinator and Communications (Newsletter). Both of the people that volunteered for these positions in the spring have had to step down. Because we do not have a Soccer Coordinator we will not be offering Soccer this year (except for Kindersoccer). If you would like to see Soccer in our community please consider volunteering to fill this position. It is busy at startup (Fall and Spring) but not much once everything is up and running. This could be a shared position. The Communications person is responsible for putting together two newsletters per year so once again not a huge time commitment.

President/Indoor Coordinator  
Raelene Petracek



### Cost as a Barrier

Your SFG Community Association is sensitive to the needs of families facing financial hardships and may partially, or fully, fund participation fees in various activities. Subsidization is only to cover the cost of the program and will not include membership to the Community Association. Subsidization is limited to those who reside within our community boundaries. For information, please contact the Coordinator or President when registering.

<b>2022—2023 Executive Members</b>
<b>President</b> Raelene Petracek.....306-230-5987
<b>Vice President</b> Megan Dyck vicepresident@sutherlandforestgrove.ca
<b>Secretary/Memberships</b> Amber Wood.....306-955-0575 secretary@sutherlandforestgrove.ca
<b>Treasurer</b> Joanne Zehtab.....306-292-2344 treasurer@sutherlandforestgrove.ca
<b>Communications (newsletter)</b> VACANT
<b>Webmaster</b> Stephan Simon.....306-272-2421 web@sutherlandforestgrove.ca
<b>Special Events</b> VACANT
<b>Indoor Coordinator/</b> Raelene Petracek...306-230-5987 indoor@sutherlandforestgrove.ca
<b>Basketball</b> Amir Zehtab-Jadid.306-281-0771
<b>Soccer Coordinator</b> VACANT
<b>Rink Coordinator</b> Kerry Lajeunesse...306-227-5556
<b>Community Liaison</b> Stephan Simon.....306-373-2421
<b>Inventory</b> Bonita Rogalski.....
<b>Member at Large</b> Meaghan Taylor....306-370-5051

Community Association Membership is \$10.00 per household  
(September 2022—July 2023)

The Sutherland-Forest Grove Community Association also honours other  
Community Association Memberships.

A late fee of \$20.00 may be applied to registrations after the last  
scheduled night. Early registrations are not accepted.

Your continued patience at registration is appreciated. Thank you!

## **PLEASE NOTE:**

**Information for some of the programs that are hosted by our sharing partners was not available at press time. A complete listing of programs will be posted on the website and Facebook pages as soon as available**

## **INDOOR PROGRAMS**

\*\* indicates a joint program with the Silverspring, Evergreen, Erindale/Arbor Creek, Willowgrove/University Heights Community Associations. The following is a list of programs offered by the Sutherland-Forest Grove Community Association for the fall session. If you have any questions, please contact the Indoor Coordinators listed on the front of this newsletter.

### **Registration Information:**

1. Registration is taken on a first-come, first-served basis. Several programs have limited enrollment.
  2. Refunds will be granted if the SFG Community Association cancels a program/activity or if the participant provides a physician's certificate stating that he/she is unable to participate due to medical reasons. All requests for refunds must be submitted in writing to the SFG Community Association Executive. Refunds will be limited to the cost of the program itself.
  3. The SFG Community Association reserves the right to cancel any program that does not receive sufficient enrollment or have an instructor by registration night.
  4. Classes may be subject to cancellation as the schools have first priority on their gyms and facilities. Rescheduling may not be an option at that time.
- 5. Programs are subject to change please watch our website and Facebook pages for updates**

## **PRESCHOOL, CHILDREN & YOUTH**

### **BABYSITTING \*\* - \$40.00**

*10+ years old*  
Sat/Sun from 1:00 pm - 5:00 pm at  
Sutherland Evangelical Church (104th St)  
October TBA

### **BLAST BALL \*\* - \$25.00**

Bishop Filevich School on Thursday  
*3 to 4 years old:* 6:00 - 6:30 pm  
*4 to 5 years old:* 6:30 - 7:00 pm  
Begins September 29

### **FLOOR HOCKEY \*\* \$25.00**

Thursdays at St Volodymyr School  
*6 to 8 years old;* 6:30 - 7:30 pm  
*9 to 12 years old;* 7:30 - 8:30 pm  
Begins September 29

### **KINDERSIZE – PARENT AND TOT \*\* - \$25.00**

*2 to 3 years old*  
Mondays from 6:00 - 6:30 pm at St. Volodymyr School  
Begins September 26

### **KINDERSIZE - II \*\* - \$25.00**

*3 to 5 years old*  
Mondays from 6:30 - 7:00 pm at St. Volodymyr School  
Begins September 26

### **KIDS COOKING \$40.00**

*7 to 9 years old*  
Tuesdays from 6:00 - 7:15 pm at St. Volodymyr School  
Begins September 27

### **KIDS COOKING II \$45.00**

*9 to 12 years old*  
Wednesdays from 6-8 pm at St. Volodymyr School  
Begins October 05

### **KINDERSOCCER\*\* \$25.00**

*3 to 5 years*  
Wednesdays from 6:00 - 7:00 pm at Sutherland School  
Begins September 28

### **TAE KWON DO—PRESCHOOL\*\* \$60.00**

*3 1/2 to 5 years old*  
Thursdays from 6:15 - 6:45 pm at Silverspring Sm Gym  
Begins September 29

### **TAE KWON DO—BEGINNER\*\* \$60.00**

Thursdays at Silverspring Sm Gym  
*6 to 8 yrs* from 7:00 - 7:30 pm  
*9 yrs to adult* from 7:45 - 8:15 pm  
Begins September 29

## **DANCE**

### **BALLET\*\* \$30.00**

*3 to 5 years old;*  
Mondays from 6:30 - 7:10 pm at Sylvia Fedoruk Multipurpose Rm  
Begins TBA

### **BALLET/JAZZ Combo\*\* \$30.00**

*5 to 7 years old;*  
Mondays from 7:15 - 8:00 pm at Sylvia Fedoruk Multipurpose Rm  
Begins TBA

### **INTRO to DANCE\*\* \$35.00**

*3 to 4 years old;*  
Fridays from 6:00 - 6:30 pm at Silverspring School Sm Gym  
Begins October 14

### **JUST DANCE\*\* \$35.00**

*5 to 8 years old;*  
Fridays from 6:45 - 7:15 pm at Silverspring School Sm Gym  
Begins October 14

## ADULT & YOUNG ADULT

**Aerobics with Darcie (16 yrs+)**  
**Tae Kwon Do Beginner (9yrs to Adult)**  
**Other classes TBA**  
 See info in Adult Section

## ADULT 18+ yrs (unless otherwise noted)

### FITNESS & EXERCISE

**AEROBICS with Darcie (16 yrs+) \*\***  
**Fall only: 1 day/wk: \$35, 2 days/wk: \$65**  
**Fall/Winter: 1 day/wk: \$65, 2 days/wk: \$120**  
 Held at St. Volodymyr School.  
 Mondays and/or Wed from 7:15 - 8:15 pm  
 Begins Sept 26 & October 05

**YOGA** (18 yrs+ unless otherwise noted)

CLASSES TBA



### SPORTS & RECREATION (18yrs+)

#### **CO-ED VOLLEYBALL\*\***

**Monday or Tuesday \$25.00 Fall only, \$45.00 Fall/Winter**  
**Thursday \$25.00 Fall only**

**Wednesday \$35.00 Fall only (TBA)**

Mondays from 8:30-10:00 pm at St. Volodymyr School  
 Tuesdays from 7:30 - 9:00 pm at St. Volodymyr School  
 Thursdays from 8:30 - 10:00 pm at St. Volodymyr School  
 Begins September 26, October 05 & Sept 29

#### **CO-ED BASKETBALL\*\* - \$25.00**

Mondays from 8:30 - 10:00 pm at  
 Sylvia Fedoruk School  
 Begins TBA

#### **MEN'S BASKETBALL\*\* - \$25.00**

Tuesdays from 9:00 - 10:00 pm at  
 Silverspring School  
 Begins September 27



#### **MEN'S FLOOR HOCKEY\*\* - 25.00**

Thursdays from 8:30 - 10:00 pm at  
 Silverspring School  
 Begins September 29

#### **PICKLEBALL\*\* - 25.00**

Mondays or Wednesdays from 7:30 - 9:00 pm at  
 Mother Teresa Gym  
 Begins September 26 & 28

Additional programs will be  
 announced as soon as available

## Indoor Program Registration:

Registration dates:  
 Sept 1 to 9

Use the link below or if you already have a  
 CommuniBee account add  
 Sutherland-Forest Grove to your com-  
 munities

<https://app.communibee.ca/#/register?community=Sutherland>

## **New Program Ideas? Want to become an Instructor?**

Do you have any ideas for programs  
 you would like to see us include in  
 our offerings?

Would you be interested in instruct-  
 ing a program? Instructors are paid  
 and depending on the program we  
 can train you.

Contact Raelene:  
[indoor@sutherlandforestgrove.ca](mailto:indoor@sutherlandforestgrove.ca)

**ANNUAL GENERAL MEETING**

Sept 21 at 7:30 pm

Join Zoom Meeting:

[https://us02web.zoom.us/j/83975135665?  
pwd=djhoSVBIQnBZTzI3eXo0NzE5TzZVZz09](https://us02web.zoom.us/j/83975135665?pwd=djhoSVBIQnBZTzI3eXo0NzE5TzZVZz09)  
Meeting ID: 839 7513 5665



As SFG does not have a soccer coordinator at this time we will not be hosting soccer this year (with the exception of Kindersoccer 3-5yrs).

Evergreen Aspen Ridge CA will be running SYSI soccer. Register at:

<https://earca.ca/index.php/indoor-soccer/>

Please contact Melissa at: [vice.president@earca.ca](mailto:vice.president@earca.ca) if you have a 2022-2023 SFG membership (available via the SFG Communibee registration site) to have the EARCA membership waived.

Other CA's will also be offering soccer, please check their websites for information.

**BASKETBALL**

SMBA has switched its website operations to Teamlinkt from Goal-Line. The new Website address is:

<https://leagues.teamlinkt.com/smba/Home>

How to Register:

<https://app.teamlinkt.com/register/find/smba>

SPUDS (GRADES 3-4)	- \$150
MINIS (GRADES 5-6)	- \$190
BANTAM (GRADES 7-8)	- \$200
JUNIOR (GRADES 9-10)	- \$240
SENIOR (GRADES 11-12)	- \$280

For Questions

Email: [SaskatoonMinorBasketball@gmail.com](mailto:SaskatoonMinorBasketball@gmail.com)

**REGISTRATION CLOSES****Volunteers Needed!**

Coaches and Instructors Needed

**Positions on Executive Board:**

Soccer Coordinator  
Communications (Newsletter)  
Social Coordinator

Please contact Raelene at [indoor@sutherlandforestgrove.ca](mailto:indoor@sutherlandforestgrove.ca) or 306-230-5987 if interested.

VOLUNTEER

